





What is Care4Today Monitor?

Care4Today Monitor is an app to help you stay connected to your surgeon whilst at home.

How does it help me?

- Your responses let your surgeon understand how well you are recovering and if you might need further support.
- Surgery can be overwhelming so the app provides gentle reminders and encouragement.

MEDTECH SOLUTIONS

How to get started?

Download the app using the QR code below and then speak to a practice team member for the next steps.





Important: The information in this document is strictly for informational purposes and it is not intended to be used in isolation without specific medical advice from the professional healthcare team administering your care. Neither is it intended to promote any medical products, constitute medical advice or to replace specific advice given to you by your healthcare team. If you have concerns or questions regarding the content of this document or its applicability to your circumstances, you should speak to your healthcare team.